

## worksheet | determine your WHY

*Who is your IDEAL student? Someone who believes wholly in what you do; they BELIEVE what you believe; they GET you; they RAVE about you.*

let the beauty we love be what we do.  
there are hundreds of ways to kneel and kiss the ground.  
~rumi

*How do you want people to FEEL when they leave your class?*

*What FEEDBACK do you hear most often from people who attend your classes? What do they LOVE about you/your classes?*

*Which TEACHERS have inspired your own practice? WHY?*

*What areas do you want to GROW? How do you want to ENHANCE YOUR TEACHING PRACTICE?*

people don't buy what you do.  
they buy why you do it.  
~simon sinek

watch the video on youtube:  
"how great leaders inspire action"

infinite bliss yoga  
live.yoga.love.



need my help? email [andrea@infiniteblissyoga.ca](mailto:andrea@infiniteblissyoga.ca) to ask me about my one-on-one consultations